

The Book of Mormon—an Immeasurable Treasure on Our Journey

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Mormons Bog – en uvurderlig skat på vores rejse

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As we feast upon the words of Christ found in the Book of Mormon, the Spirit will help us understand eternal truths.

Can you remember a moment when someone gave you a gift that changed your life? This October marks 40 years since I received one of the greatest gifts in my life. While I was in high school, I noticed that one of our classmates had a light that was different from most of the other young people. I enjoyed being around him. One day he told me he was a member of The Church of Jesus Christ of Latter-day Saints. Then he offered me a gift: a copy of the Book of Mormon. He invited me to read a few pages and meet with two friends who could answer my questions. Those friends were the missionaries.

When I met with the missionaries, they taught me the doctrine of Christ and invited me to follow the prophet Moroni's invitation: "When ye shall receive these things, I would exhort you that ye would ask God, the Eternal Father, in the name of Christ, if these things are not true; and if ye shall ask with a sincere heart, with real intent, having faith in Christ, he will manifest the truth of it unto you, by the power of the Holy Ghost" (Moroni 10:4).

I read several pages of the Book of Mormon and prayed. Although I did not yet have a deep understanding of all the things that the missionaries were teaching me, I felt in my heart that what I was reading was good and came from God. I received the confirmation of Moroni's promise: "And by the power of the Holy Ghost ye may know the truth of all things" (Moroni 10:5).

After I was baptized into The Church of Jesus

Når vi tager for os af Kristi ord, som findes i Mormons Bog, vil Ånden hjælpe os til at forstå evige sandheder.

Kan I huske en oplevelse, hvor nogen gav jer en gave, som ændrede jeres liv? Denne oktober er det 40 år siden, jeg modtog en af mit livs største gaver. Mens jeg gik i gymnasiet, lagde jeg mærke til, at en af vores klassekammerater besad et lys, der var anderledes end det, de fleste af de andre unge mennesker besad. Jeg følte mig godt tilpas i hans selskab. En dag fortalte han mig, at han var medlem af Jesu Kristi Kirke af Sidste Dages Hellige. Så gav han mig en gave: et eksemplar af Mormons Bog. Han inviterede mig til at læse nogle sider i den og derpå mødes med to af hans venner, der kunne besvare mine spørgsmål. Disse venner var missionærer.

Da jeg mødtes med missionærer, underviste de mig i Kristi lære og inviterede mig til at følge profeten Moronis opfordring: »Når I modtager dette, vil jeg formane jer til, at I spørger Gud, den evige Fader, i Kristi navn, om ikke dette er sandt; og hvis I spørger af et oprigtigt hjerte, med oprigtig hensigt, idet I har tro på Kristus, så vil han tilkendegive sandheden af det for jer ved Helligåndens kraft« (Moro 10:4).

Jeg læste adskillige sider i Mormons Bog og bad. Selvom jeg endnu ikke havde en dyb forståelse af alt det, missionærer underviste mig i, følte jeg i mit hjerte, at det, jeg læste om, var godt og kom fra Gud. Jeg modtog bekræftelsen i Moronis løfte: »Og ved Helligåndens kraft kan I kende sandheden af alt« (Moro 10:5).

Efter jeg var blevet døbt ind i Jesu Kristi Kir-

Christ of Latter-day Saints, some friends tried to convince me that I had made the wrong decision. But each time I faced such doubts or opposition, I received renewed confirmation through studying the scriptures and praying to stay true to the covenants I had entered into with God. Since then, the Book of Mormon has been my companion and has become an immeasurable treasure in my mortal journey.

The Book of Mormon is more than just a book. It is another testament of Jesus Christ, written by many ancient prophets through the spirit of prophecy and revelation.

The most significant event recorded in the Book of Mormon is the personal ministry of the Lord Jesus Christ among the Nephites shortly after His Resurrection. The Book of Mormon “puts forth the doctrines of the gospel, outlines the plan of salvation, and tells men what they must do to gain peace in this life and eternal salvation in the life to come” (introduction to the Book of Mormon).

The first edition of the Book of Mormon: Another Testament of Jesus Christ was published in a small town in the state of New York in March 1830. The Prophet Joseph Smith was only 23 years old when he completed the translation of the book in 1829. He translated almost the entire book in less than 75 days, and the printing process took about seven months.

Today, approximately 80,000 full-time missionaries in more than 150 countries are serving as volunteers, dedicating their lives to bearing witness that the Book of Mormon is true and that it testifies of Jesus Christ.

At the most recent seminar for new mission leaders in June of this year, President Russell M. Nelson shared his powerful testimony of the Book of Mormon: “The Book of Mormon is ... the word of God. It teaches the doctrine of Christ and explains more about the Savior’s Atonement than does any other book.”

I would like to offer three suggestions that can help deepen our conversion to Jesus Christ through a study of the Book of Mormon:

1. Be Diligent and Consistent in Your Daily Study

Like Alma and the sons of Mosiah, we must “[search] the scriptures diligently, that [we] might know the word of God” and be strength-

ke af Sidste Dages Hellige, var der nogle af mine venner, der forsøgte at overbevise mig om, at jeg havde truffet den forkerte beslutning. Men hver gang jeg stod over for den slags tvivl eller udfordringer, blev jeg, gennem studium af skrifterne og bøn, påny bekræftet i at forblive tro mod de pagter, jeg havde indgået med Gud. Siden da har Mormons Bog ledsaget mig og er blevet en uvurderlig skat på min jordiske rejse.

Mormons Bog er mere end blot en bog. Den er endnu et vidnesbyrd om Jesus Kristus skrevet af mange fordums profeter gennem profetiens og åbenbarelsens ånd.

Den væsentligste begivenhed, der er nedskrevet i Mormons Bog, er Herren Jesu Kristi personlige tjenestegerning blandt nefitterne kort efter hans opstandelse. I Mormons Bog bliver »evangeliets lærdomme forklaret, frelsesplanen bliver skitseret, og mennesker får fortalt, hvad de må gøre for at opnå fred i dette liv og evig frelse i livet herefter« (Indledningen til Mormons Bog).

Den første udgave af Mormons Bog: Endnu et vidnesbyrd om Jesus Kristus blev udgivet i en lille by i staten New York i marts 1830. Profeten Joseph Smith var kun 23 år gammel, da han færdiggjorde oversættelsen af bogen i 1829. Han oversatte næsten hele bogen på mindre end 75 dage, og trykkeprocessen tog omkring syv måneder.

I dag tjener omtrent 80.000 fuldtidsmissionærer i mere end 150 lande som frivillige, der dedikerer deres liv til at bære vidnesbyrd om, at Mormons Bog er sand, og at den vidner om Jesus Kristus.

Ved det seneste seminar for nye missionsledere i juni i år delte præsident Russell M. Nelson sit kraftfulde vidnesbyrd om Mormons Bog: »Mormons Bog er ... Guds ord. Den underviser i Kristi lære og forklarer flere ting angående Frelserens forsoning end nogen anden bog.«

Jeg vil gerne komme med tre forslag, der kan hjælpe med at gøre vores omvendelse til Jesus Kristus dybere, når vi studerer Mormons Bog:

1. Vær flittige og konsistente i jeres daglige studium

Ligesom Alma og Mosijas sønner må vi »granske[] skrifterne flittigt, for at [vi kan] kende Guds ord« og blive styrket i sandheden (Alma

ened in the truth (Alma 17:2).

While serving as mission leaders in the Georgia Atlanta Mission, my wife and I encouraged every missionary to study the Book of Mormon for at least 30 minutes daily. That commitment increased our faith and helped us to seek and expect miracles.

It's possible that after the mission we may not have the same amount of time available for daily scripture study, but I promise that if you sincerely prioritize studying the Book of Mormon prayerfully each day, you will find greater spiritual strength and confidence in the Lord and His promises.

2. Make Your Study More Meaningful by Feasting upon the Words of Christ

Nephi taught, "Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do" (2 Nephi 32:3).

To feast means more than just reading—it means savoring, pondering, and applying. As you study the Book of Mormon, consider ways to make your scripture study more meaningful. For example:

Use study aids available in the Gospel Library app.

Identify eternal truths that help us understand God's plan and lead us to make and keep covenants with our Heavenly Father.

Highlight significant phrases and record your impressions to preserve what you have learned during your study.

The Book of Mormon has the power to answer questions of our souls. As Nephi said, we should "liken all scriptures unto us, that it might be for our profit and learning" (1 Nephi 19:23).

As we feast upon the words of Christ, they will open the door to revelation and show us what we need to do in the various circumstances of our life to draw closer to Him.

3. Bear Your Testimony of the Truthfulness of the Book of Mormon

Just as Lehi desired to share the fruit of the tree of life with his family (see 1 Nephi 8:12), when we gain a testimony of the Book of Mormon, we develop a desire to share the joy that comes from knowing the gospel of Jesus Christ.

One of our missionaries, Sister Benson, who

17:2).

Mens vi tjente som ledere i Atlanta-missionen i Georgia, opmuntrede min hustru og jeg hver enkelt missionær til at studere i Mormons Bog mindst 30 minutter hver dag. Den forpligtelse øgede vores tro og hjalp os til at søge og forvente mirakler.

Det er muligt, at vi efter vores mission måske ikke har den samme tid til rådighed til dagligt skriftstudium, men jeg lover jer, at hvis I oprigtigt prioriterer at studere Mormons Bog bønsonst hver eneste dag, vil I finde større åndelig styrke og tillid til Herren og hans løfter.

2. Gør jeres studium mere meningsfyldt ved at tage for jer af Kristi ord

Nefi sagde: »Tag for jer af Kristi ord, for se, Kristi ord vil fortælle jer alt det, som I skal gøre« (2 Ne 32:3).

At tage for sig betyder mere end blot at læse – det betyder at nyde, grunde over og anvende. Når I studerer Mormons Bog, så overvej forskellige måder, hvorpå I kan gøre jeres studium af skriften mere meningsfyldt. For eksempel:

Brug studiehjælp, som er tilgængelig i appen Evangelisk Bibliotek.

Identificer evige sandheder, der hjælper os til at forstå Guds plan og leder os til at indgå og holde pagter med vor himmelske Fader.

Understreg betydningsfulde passager og skriv jeres indtryk ned for at bevare det, I har lært under jeres studium.

Mormons Bog har kraften til at besvare de spørgsmål, der ligger os dybest på sinde. Som Nefi sagde, bør vi »[anvende] alle skrifter på os, så det [kan] blive os til gavn og lærdom« (1 Ne 19:23).

Når vi tager for os af Kristi ord, vil de åbne døren til åbenbaring og vise os, hvad vi skal gøre i de forskellige omstændigheder i vores liv for at komme ham nærmere.

3. Bær jeres vidnesbyrd om sandheden af Mormons Bog

Ligesom Lehi ønskede at dele frugten af livets træ med sin familie (se 1 Ne 8:12), vil vi, når vi modtager et vidnesbyrd om Mormons Bog, udvikle ønsket om at dele den glæde, der kommer af at kende Jesu Kristi evangelium.

En af vores missionærer, søster Benson,

is attending with us this session, shared with me her desire to help her young brother. At that time, he was preparing to attend college and wasn't sure about serving a mission. I felt impressed to invite Sister Benson to read the Book of Mormon during the first four months of her mission, marking her favorite verses, and then to send that copy to her brother.

Sister Benson sent the marked copy of the Book of Mormon and invited her brother to read from it each night. She later shared with me: "Before my mission, my brother wasn't sure if he wanted to serve a full-time mission. Slowly, over time, as he read the Book of Mormon, he found increasing joy in his life and began to consider serving a mission."

Two weeks before Sister Benson completed her mission, her brother received his mission call. He is now serving in the Mexico Tuxtla Gutiérrez Mission. Through the Book of Mormon, Elder Benson came to see his life with spiritual clarity, which led him to serve the Lord and trust that things would work out. That decision was a miracle—influenced by the power of the words of Christ.

My beloved brothers and sisters, I encourage each of you to deepen your study of the Book of Mormon. I know as we feast upon the words of Christ found in the Book of Mormon, the Spirit will help us understand eternal truths and share our testimonies with conviction with those whom the Lord has prepared to hear His message. The Lord said, "Mine elect hear my voice and harden not their hearts" (Doctrine and Covenants 29:7). I testify that those who ask God in faith will gain a testimony of the truth and divinity of the Book of Mormon by the power of the Holy Ghost. Of this I testify in the name of Jesus Christ, amen.

som er til stede ved dette møde, fortalte mig om sit ønske om at hjælpe sin yngre bror. På dette tidspunkt var han i gang med at forberede sig til at studere på universitetet, og han var i tvivl, om han skulle tjene på en mission. Jeg følte mig inspireret til at invitere søster Benson til at læse Mormons Bog i løbet af de første fire måneder af sin mission, hvor hun skulle markere sine yndlingsskriftsteder og derpå sende eksemplaret af bogen til sin bror.

Søster Benson sendte det markerede eksemplar af Mormons Bog og inviterede sin bror til at læse i den hver aften. Hun fortalte mig senere: »Før min mission var min bror ikke sikker på, hvorvidt han ønskede at tjene på en fuldtidsmission. Efterhånden som han læste Mormons Bog, modtog han langsomt og over tid en større glæde i sit liv og begyndte at overveje at tjene på en mission.«

To uger før søster Benson færdiggjorde sin mission, modtog hendes bror sit missionskald. Nu tjener han i Tuxtla Gutierrez-missionen i Mexico. Gennem Mormons Bog begyndte ældste Benson at se sin tilværelse med åndelig klarhed, hvilket ledte ham til at tjene Herren og stole på, at det hele nok skulle ordne sig. Den beslutning var et mirakel – der blev påvirket gennem kraften i Kristi ord.

Mine kære brødre og søstre, jeg opfordrer hver enkelt af jer til at gøre jeres studium af Mormons Bog dybere. Jeg ved, at Ånden, når vi tager for os af Kristi ord, som findes i Mormons Bog, vil hjælpe os til at forstå evige sandheder og til med overbevisning at dele vores vidnesbyrd med dem, Herren har forberedt på at høre sit budskab. Herren har sagt: »Mine udvalgte hører min røst og forhærder ikke deres hjerte« (L&P 29:7). Jeg vidner om, at de, der beder Gud i tro, vil modtage et vidnesbyrd om sandheden og guddommeligheden af Mormons Bog ved Helligåndens kraft. Dette vidner jeg om i Jesu Kristi navn. Amen.